



CREATING CONFIDENT CAREGIVERS®

## 2016 CLASS SCHEDULES

Creating Confident Caregivers® is a six-week program for family caregivers of persons with dementia. It is designed to provide knowledge, skills, and information to improve caregiving for both the caregiver and the person with dementia. Participants must register for this free program, as class size is limited.

The following Area Agencies on Aging meet the AASA service standard for providing this evidence-based program. They monitor providers and participate in on-going training to ensure participants receive a quality program. Please contact the Area Agency on Aging staff listed to register or inquire about future dates or other locations.

[Detroit Area Agency on Aging](#) – Cities – Detroit, Hamtramck, Highland Park, Grosse Pointe, Grosse Pointe Park, Grosse, Pointe Shores, Grosse Pointe Woods, Grosse Pointe Farms, Harper Woods

For upcoming programs, contact Anita Kanakaris at (313) 446-4444 or email [info@daaa1a.org](mailto:info@daaa1a.org)

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[Area Agency on Aging 1-B](#) – Counties – Livingston, Macomb, Monroe, Oakland, St. Clair, Washtenaw

**Tuesdays, July 12, 19, 26 & August 2, 9, 16, 2016**

**Catholic Social Services of Washtenaw**

**The Oaks Adult Day Service Program at Ann Arbor Church of Christ**

**2500 S. Main**

**Ann Arbor, MI 48103**

**10 a.m. – 12 p.m.**

**Wednesdays, August 3, 10, 17, 24, 31 & Sept 7, 2016**

**Frenchtown Senior Citizen Services, Inc.**

**2786 Vivian Road**

**Monroe, MI 48162**

**10 a.m. – 12 p.m.**

**Thursdays, August 4, 11, 18, 25 & Sept 1, 8, 2016**  
**Evangelical Homes of MI**  
**The Memory Support Center at Brecon Village**  
**101 Brecon Drive**  
**Saline, MI 48176**  
**1 p.m. – 3 p.m.**

**Contact the Area Agency on Aging 1-B at 800-852-7795 to register and for more information.**

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**Region 3-A Area Agency on Aging** – *County – Kalamazoo*

**Wednesdays, August 17, 24, 31, September 7, 15, and 21, 2016**  
**Vicksburg District Library**  
**215 S. Michigan Ave. Vicksburg, MI 49097**  
**4:30 - 6:30 pm**

**Tuesdays, October 18, 25, November 1, 15, 22, & 29**  
**Oshtemo Public Library**  
**7265 W Main St., Kalamazoo, MI 49009**  
**2 - 4:00 pm**

**Contact Patti Stratton, LLMSW, at 269-373-5141 Email: [psstra@kalcountry.com](mailto:psstra@kalcountry.com)**

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**Region IV Area Agency on Aging** – *Counties – Berrien, Cass, Van Buren*

**Wednesdays, July 6 through August 10, 2016**  
**Lakeland Hospital**  
**31 N St. Joseph Avenue, Niles**  
**5:30 - 7:30 pm**

**Mondays, August 8 through September 19, 2016**  
**Ed Lowe Center**  
**60525 Decatur Road, Cassopolis**  
**10:00 am - 12:00 pm**

**Mondays, August 15 through September 26, 2016**  
**Greater Niles Senior Center**  
**1109 Bell Road, Niles**  
**10:00 am - 12:00 pm**

**To register, contact Tracy at (269) 983-0177 or toll free at (800) 442-2803.**

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**Tri-County Office on Aging** – *Counties – Clinton, Eaton, Ingham*

**Wednesdays, Aug 17 through Sept. 21, 2016**  
**Hilliard Building**  
**Mason**  
**2:00 – 4:00 pm.**

**Contact Linda Davis at 517-887-1447 or email [davis@tcoa.org](mailto:davis@tcoa.org)**

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**Region 9 Area Agency on Aging** – *Counties – Alcona, Arenac, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, Roscommon*

**Wednesdays, July 6 through August 10, 2016**  
**Crawford County Council on Aging**  
**10:00 AM - Noon**  
**Call to register: 989.348.7123**

**Tuesdays, August 2 through September 6, 2016**  
**Otsego County COA**  
**6:00 PM – 8:00 PM**  
**Call to register: 989.732.1122**

**<http://www.otsegocountycoa.org/Createconf.cfm>**

**Contact Region 9 Area Agency on Aging at 989-356-3474 for program information.**

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**Area Agency on Aging of Northwest Michigan** – *Counties – Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Wexford*

**Tuesdays, July 26, August 2, 9, 16, 23, & 30, 2016**  
**Area Agency on Aging of Northwest Michigan**  
**1609 Park Drive, Traverse City, MI 49696**  
**5:30 - 7:30 pm**

**Contact Sharon at 1-800-442-1713 or 231-947-8920 to register or for more information**

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**Upper Peninsula Area Agency on Aging (UPCAP)** – *Counties – Alger, Baraga, Chippewa, Delta, Dickinson, Gogebic, Houghton, Iron, Keweenaw, Luce, Mackinac, Marquette, Menominee, Ontonagon, Schoolcraft*

**Contact Tammy Rosa at 1-800-338-7227 to register. Dial 2-1-1 or visit us on the web at [www.upcap.org](http://www.upcap.org) for program information.**

